

Heron Autumn/Winter Menu 2026 Terms 1 - 3 (When returning from a holiday we will always return on week 1)

	Dates	Meat Free MONDAY	Fruity TUESDAY	Roast WEDNESDAY	Pizza Day THURSDAY	Chip Day FRIDAY
WEEK 1	3 rd Sept	Macaroni Cheese	Chicken Curry and Rice	Roast of the Day	BBQ Chicken Pizza & New Potatoes	Sausage & Chips, Baked Beans & Peas
	21 st Sept			Roast Potatoes Gravy		
	12 th Oct	Jacket Potato with Tuna or Salmon Mayo	Chickpea & Sweet Potato Curry	Roast Quorn Fillet	Cheese & Tomato Pizza	Vegetable & Spicy Bean Burger
	2 nd Nov	DAILY SEASONAL VEGETABLES				
WEEK 2	23 rd Nov	Apple Crumble Cake	Fruity Tuesday	Ginger Snap Biscuit	Mandarin Orange Jelly	Vanilla Ice Cream & Fruit
	14 th Dec					
	5 th Jan	Cheesy Bean Penne Pasta Bake	Beef Bolognaise & Pasta	Roast Chicken Roast Potatoes Gravy	Pepperoni Pizza & New Potatoes	Fish Fingers & Chips Peas/ Baked Beans
	25 th Jan	Jacket Potato with Beans or Cheese	Vegetable Fajitas	5 Bean Chilli	Cheese & Tomato Pizza	Red Pepper Frittata
WEEK 3	7 th Sept	DAILY SEASONAL VEGETABLES				
	28 th Sept	Apple Crumble & Custard	Fruity Tuesday	Beetroot & Cocoa Brownie	Raspberry Jelly & Fruit Salad	Ice Cream & Fruit
	19 th Oct	Tomato & 5 Bean Pasta	Beef Burger & Cheese in a Bun & Diced Potatoes	Roast of the Day Roast Potatoes Gravy	Tikka Chicken Pizza New Potatoes	Fishfingers & Chips Peas & Baked Beans with
	9 th Nov	Quorn Bolognaise	Lentil & Roast Vegetable Pasta	Cheese & Potato Pie	Cheese & Tomato Pizza	Cheese & Onion Quiche
WEEK 3	30 th Nov	DAILY SEASONAL VEGETABLES				
	11 th Jan	Orange Drizzle Cake	Fruity Tuesday	Oaty Cookie	Strawberry Jelly & Peaches	Ice-Cream & Fruit
	1 st Feb					

A fresh salad bar is available Monday to Thursday as an alternative to hot food – Homemade bread, Fresh fruit and yoghurts also available daily. Allergen information for the menu is available on the school website with the menu. If your child has a food allergy or intolerance, please inform the SCHOOL OFFICE.

